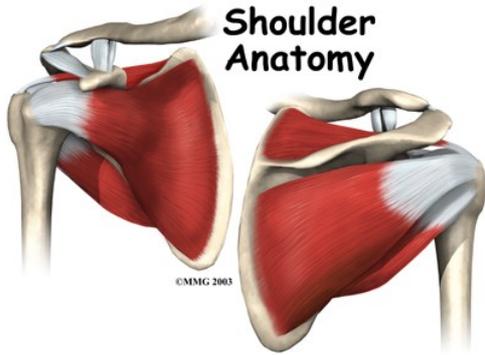


Introduction to Shoulder Issues

Physical Therapy in Merrick and Amityville for Shoulder

Welcome to the Summit Physical Therapy's resource about shoulder issues.



A shoulder injury can happen in any sport, and shoulder pain can be brought on from something as simple as sleeping in the wrong position. Whether you have damaged your rotator cuff because you were a little too overzealous at touch football with your friends on Sunday, or you are sore from trying to weed the garden and paint the garage in one afternoon, this is the part of our website that we have designed with you in mind.

It is our aim to provide you with the information and tools to help you recover from a shoulder injury and to prevent future injuries from occurring.

When you have proper information about how to stay healthy, you will find that your playtime will be more rewarding, your sleep will be more sound and your daily grind won't wear you down.

Click on a link below to learn more about:

- [Shoulder Anatomy](#)
- [Shoulder Issues](#)
- [FAQs](#)
- [Surgery](#)

Hear from some of our patients who we treated for **Shoulder Pain**

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“ In the past 4 and a half years I have gone to Summit PT for treatment several times. This included 2 knee replacements and a rotator cuff injury. The therapist's are knowledgeable and very...”

“ In the past 4 and a half years I have gone to Summit PT for treatment several times. This included 2 knee replacements and a rotator cuff injury. The therapist's are knowledgeable and very professional. As are the staff who run the office. If you looked at the office from the outside you would think it was quite small but as you walk in you can see it's the perfect size. (not too big not too small) What sets Summit PT apart from other offices is that when you are assigned to a therapist for an appointment that person works with you the entirety of your visit. I have been to several other PT offices and there really is no comparison. In the coming weeks I will be having knee revision surgery on my left knee due to a recall. I will look no

further than Summit to get me back on my feet. ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ ^ Pat Byrne ”
Sharon K
Merrick, NY
[View all yelp reviews](#)

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“ I’ve been to a few physical therapy centers, and none come close to Summit. The physical therapy staff and the front office are all totally competent, friendly, and eager to help. The premises are very pleasant and clean, and they do well navigating the complexities of insurance. I literally can't say enough about how positive an experience it was . My torn rotator cuff is much better. ”
Douglas K
Merrick, NY
[View all google reviews](#)

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Patrick B
Merrick, NY
[View all google reviews](#)

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“ Summit was a great team of experienced physical therapists. Everyone was incredibly welcoming and the office was clean and professional. I was personally treated by Matt and Graham and both therapists... ”
“ Summit was a great team of experienced physical therapists. Everyone was incredibly welcoming and the office was clean and professional. I was personally treated by Matt and Graham and both therapists were extremely helpful in helping me recover and manage my torn AC muscle. Teresa assisted on most days and made all of my appointments very fun too. I highly recommend Summit for any of your recovery needs! ”
Susan M
Merrick, NY
[View all google reviews](#)

“ Graham, Matt, Pam and the staff at Summit are amazing. They are caring, friendly and very proficient in helping their patients recover. They follow COVID protocols so it is a very safe place to be.... ”

“ Graham, Matt, Pam and the staff at Summit are amazing. They are caring, friendly and very proficient in helping their patients recover. They follow COVID protocols so it is a very safe place to be. I've been there before this shoulder issue. My 2 sons have as well. You are a patient there, not a number. If I need PT in the future I will be happy to use them again. ”

Robin R

Merrick, NY

[View all google reviews](#)

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“ I would definitely recommend Summit pt. The office was immaculate. All cdc guidelines Weâ’ re followed. The equipment was cleaned Before and after each use. The staff was always so helpful and... ”

“ I would definitely recommend Summit pt. The office was immaculate. All cdc guidelines Weâ’ re followed. The equipment was cleaned Before and after each use. The staff was always so helpful and friendly. Graham is fantastic! He is so knowledgeable, skilled, pleasant, and really cares about his patients. Thanks for making pt such a positive experience, and most of all, for helping me with my frozen. Shoulder! ”

L F

Merrick, NY

[View all google reviews](#)

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L F

Merrick, NY

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“ Summit physical therapy helped me through the very difficult 5 month recovery from rotator cuff surgery. It is a small, friendly and high quality office. Pam worked with me and is very competent and encouraging. The other therapists Graham and Matt also treat their clients with skill and kindness. I am very happy with their care and recommend the group very highly. ”

Amy R

Merrick, NY

[View all google reviews](#)

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“ The staff is very helpful and friendly. They have helped me recover from rotator cuff surgery twice. ”

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Fancia J

Merrick, NY

[View all google reviews](#)

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