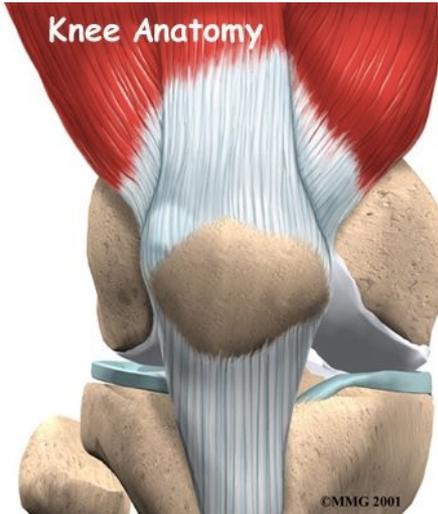


Introduction to Knee

Physical Therapy in Merrick and Amityville for Knee

Welcome to Summit Physical Therapy's patient resource about knee problems.



The knee is a sensitive area of the body and one that can be injured doing almost any activity. The knee is normally exposed and vulnerable and a simple twist can lead to a serious injury as well as ongoing problems and a long recovery time. Therefore, whether your sport is rugby or racquetball, bowling or badminton, you cannot take chances with this body part.

This section of our site has everything you need to know about preventing or correcting a knee injury. It is our goal to provide you with resources, exercises and other knee related information that will allow you to learn about how easily this sensitive area can be injured.

When you take the necessary steps in preventing an injury, you will enjoy your chosen sport more and avoid Physical Therapy and other painful and time consuming tasks that come with nursing a knee injury.

Click on one of the links below to learn more:

[Knee Anatomy](#)

[Knee Issues](#)

[Knee Surgery](#)

[FAQs](#)

Summit Physical Therapy provides services for Physical Therapy in Merrick and Amityville.

Hear from some of our patients who we treated for **Knee Pain**

“ In the past 4 and a half years I have gone to Summit PT for treatment several times. This included 2 knee replacements and a rotator cuff injury. The therapistâ“ s are knowledgeable and very... ”

“ In the past 4 and a half years I have gone to Summit PT for treatment several times. This included 2 knee replacements and a rotator cuff injury. The therapistâ“ s are knowledgeable and very professional. As are the staff who run the office. If you looked at the office from the outside you would think it was quite small but as you walk in you can see itâ“ s the perfect size. (not too big not too small) What sets Summit PT apart from other offices is that when you are assigned to a therapist for an appointment that person works with you the entirety of your visit. I have been to several other PT offices and there really is no comparison. Â In the coming weeks I will be having knee revision surgery on my left knee due to a recall. I will look no further than Summit to get me back on my feet. Â Â Â Â Â Â Â Â Â Â Â Â Â Â Â Pat Byrne ”

Sharon K

Merrick, NY

[View all yelp reviews](#)

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“ Everyone at Summit Physical therapy was terrific! Matt was my therapist and was excellent in helping me recover from knee replacement surgery. He, Graham, and the entire team were kind, incredibly... ”

“ Everyone at Summit Physical therapy was terrific! Matt was my therapist and was excellent in helping me recover from knee replacement surgery. He, Graham, and the entire team were kind, incredibly knowledgeable, and a pleasure to work with each visit. I highly recommend Summit. ”

Mary C

Merrick, NY

[View all google reviews](#)

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Patrick B

Merrick, NY

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“ My knee was injured at work, and was in a moderate amount of pain while walking. The staff at Summit Physical Therapy, made the whole administrative process as easy as can be. Being a city employee... ”

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self coverage can be difficult to deal with. Summit handled it with ease. The Therapy staff was great, knowledgeable and attentive. They always made sure I was comfortable, and made sure I didn't push myself too hard. ”

Cesar P

Merrick, NY

[View all google reviews](#)

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“ I had used Summit PT in the past after knee surgery. Very helpful got me on my way and back in form quickly. I recently injured my back, had to see an MD to move on to PT, I was doing PT twice a week... ”

“ I had used Summit PT in the past after knee surgery. Very helpful got me on my way and back in form quickly. I recently injured my back, had to see an MD to move on to PT, I was doing PT twice a week with this issue. They were knowledgeable and direct, I knew I was in good hands. Just followed the advice over the period of time and came out the other side in good form. They also educated me to protect from future similar injuries. ”

Peter C

Merrick, NY

[View all google reviews](#)

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“ Graham Webb has always been the most professional and knowledgeable physical therapist I have known . Working in healthcare I have experience with others and can highly recommend him and his staff to... ”

“ Graham Webb has always been the most professional and knowledgeable physical therapist I have known . Working in healthcare I have experience with others and can highly recommend him and his staff to anyone in need of their services. My questions were always answered with kindness and support. He has helped me through difficult injuries for a complex tibial plateau fracture to a torn meniscus and sprained ankle. With each injury he targeted exactly the proper exercises and support I needed to heal physically as well as mentally . His staff were immaculately sanitizing all equipment and I never felt I was compromising my health during Covid . Matthew was wonderful as was all the support aides and office staff. I felt I was treated individually and not like a number. It is a place where your personal needs as addressed instead of rushing through a session. I am grateful for everyone in his office for helping me to get back to the person I was before I came in. Excellent five star recommend. ”

Jeffrey F

Merrick, NY

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“ I have used Summit physical therapy after a knee revision and a foot injury. Graham Pam and Matt are excellent. There skills as therapist are amazing. I actually enjoyed going to therapy. If your ever in need this is the place to go. The staff is amazing and caring â Thank you SUMMIT PHYSICAL THERAPY ”

Maryann A

Merrick, NY

[View all google reviews](#)

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